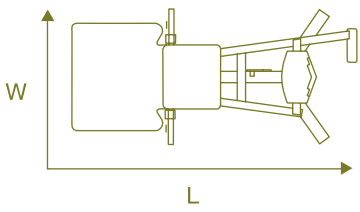




selectorized STEP



specifications	GZFM6014	
<p>effective resistance: 1 arm - 100 lbs. (45.5 kg) 2 arms - 200 lbs. (91 kg)</p> <p>configuration: 5 - 50 x 5 lbs. (2.25 - 22.75 x 2.25 kg) 60 - 200 x 10 lbs. (27.25 - 91 x 4.5 kg)</p>	<p>US / METRIC L - 79" / 201 cm W - 38" / 97 cm H - 73" / 185 cm</p> <p>610 lbs. / 277 kg</p> <p>cable diameter: 3/16-inch rated to 2,000 lbs.</p>	

Swivel Pulleys - Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.

Adjustable Step - The step adjusts vertically in seven settings and is counter-balanced for easy positioning.

Textured Step and Platform - Both the step and platform are textured to ensure stable foot position.

Cable Travel - Extensive cable travel allows for full exercise extension or flexion, single arm: 76 inches (193 cm), two arms: 38 inches (96.5 cm).

Industrial Construction - Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.

Kick Plates - 16-gauge, stainless steel kick plates protect the machine from wear and tear.

Weight Stack - Enclosed weight stack limits access to moving parts for user safety.