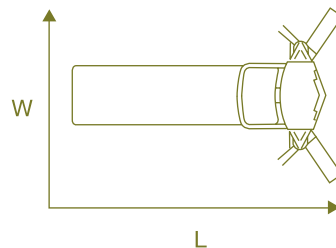




selectorized HAMSTRING



specifications	GZFM6008
<p>effective resistance: 1 leg - 75 lbs. (34 kg)</p> <p>configuration: 2.5 - 25 x 2.5 lbs. (1.25 - 11.5 x 1.25 kg) 30 - 75 x 5 lbs. (13.5 - 34 x 2.25 kg)</p>	<p>US / METRIC L - 55" / 140 cm W - 36" / 92 cm H - 73" / 185 cm</p> <p>430 lbs. / 196 kg</p> <p>cable diameter: 3/16-inch rated to 2,000 lbs.</p>



<p>Swivel Pulleys - Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.</p> <p>Textured Platform - Unique platform has grip texture to help ensure stable foot positioning.</p> <p>Stability Bar - For the first-time exerciser, they can hold the bar as aid in balance.</p> <p>Foot Harness - Specially designed harness fits a wide variety of users.</p> <p>Cable Travel - Extensive cable travel allows for full exercise flexion, single leg: 81 inches (206 cm).</p>	<p>Weight Stack - Enclosed weight stack limits access to moving parts for user safety.</p> <p>Industrial Construction - Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.</p> <p>Kick Plates - 16-gauge, stainless steel kick plates protect the machine from wear and tear.</p>
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