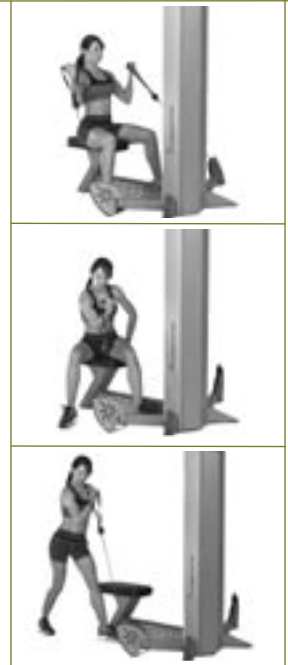
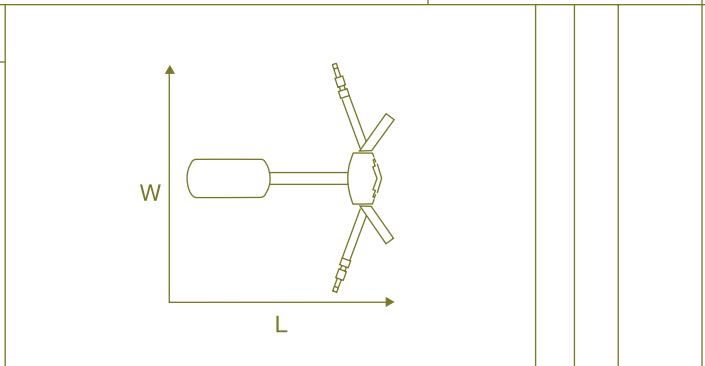




selectorized BICEP



specifications	GZFM6002
<p>effective resistance: 1 arm - 75 lbs. (34 kg) 2 arms - 150 lbs. (68 kg)</p> <p>configuration: 5 - 50 x 5 lbs. (2.25 - 22.75 x 2.25 kg) 60 - 150 x 10 lbs. (27.25 - 68.25 x 4.5 kg)</p>	<p>US / METRIC L - 56" / 142 cm W - 61" / 155 cm H - 73" / 185 cm</p> <p>440 lbs. / 200 kg</p> <p>cable diameter: 3/16-inch rated to 2,000 lbs.</p>



<p>Swivel Pulleys - Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.</p> <p>Independent Arm Movement - Handles move independently for a wide variety of biceps exercises and single arm movements.</p> <p>Seated Position - Users can sit to perform traditional seated exercises or stand for added intensity.</p> <p>Cable Travel - Extensive cable travel allows for full exercise flexion, single arm: 84 inches (213 cm), two arms: 42 inches (107 cm).</p>	<p>Weight Stack - Enclosed weight stack limits access to moving parts for user safety.</p> <p>Industrial Construction - Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.</p> <p>Kick Plates - 16-gauge, stainless steel kick plates protect the machine from wear and tear.</p>
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