



selectorized HIP ADDUCTION/ABDUCTION



specifications	GZFI8093	
weight stack: 150 lbs. (68 kg)	US / METRIC L - 67" / 170 cm W - 38" / 97 cm H - 62" / 157 cm 400 lbs. / 181 kg	
configuration: 10 – 150 x 10 lbs. (4.5 – 68 x 4.5 kg)		

Pivoting Thigh Pads - Padded for comfort, thigh pads pivot to allow users to perform both hip adductions and abductions.

Multiple Start Positions - Leg assembly can be set in one of nine start positions to fit a wide variety of users.

Foot Pegs - Foot pegs are textured for secure placement, allowing the user to isolate the lower leg.

Cable - Heavy-duty, 1/4-inch cable is rated to 4,200 lbs. minimum tensile strength.

Weight Stack - Oval-shaped stack is enclosed to limit access to moving parts.

Bolt-down Strap - For added safety, equipment can be bolted to the floor.

Floor Protectors - Made of molded rubber, floor protectors guard against damaging the floor.

FREEMOTION FITNESS™

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